

KYPDX Panj Meeting @ Shakti House

Board Minutes for 3/9/14, 7:15 am

Board Members present for meeting: Guru Surya Kaur, Bir Kaur, Amanjot Kaur, Nam Kiret Singh, Sat Mandir Singh

Others present: Ram Hari Kaur, Tara/Nam Kiret Kaur, Fatehnam Kaur, Sirgun Kaur

Treasurer Report

Nam Kiret Singh was elected unanimously on Feb 14. He needs to get in touch with current treasurer (Sevak Kaur) and plans to submit names of new board members to Department of Justice.

Calendar and Email Account

Armanjot: received one email request for how to become involved. Referred to class calendar, Sadhana, and Newsletter sign up. Reminder to Sadhana leaders that nobody is to play gong without permission.

Facebook Account and Newsletter

GSK & Bir: Plan to post something regarding 40 days leading to White Tantric.

Armanjot: Concerns that student teachers may not be getting email updates (newsletters). Suggests post to Facebook page and an email to student teacher group reminding folks to sign up for newsletter through the KYPDX website.

Kundalini Retreat Planning

GSK: focus is on building connection between Portland and Seattle kundalini communities. Devta Kaur has mentioned that she knows of a place to hold a retreat that may work.

Ram Hari: hosting a women only retreat ? (in addition to Seattle/PDX retreat?). Bay area does one that I have attended. (Also women's camp in Vancouver BC (August) and women's retreat at Shasta in early January.

Promoting KYPDX at Sunday Parkways

GSK- Starting this year there is a charge to have a table. To reserve a 10x10 vender space costs \$125. The date for the South East Sunday Parkway event is August 24th. Music and other loud sounds are prevalent at event making it difficult to teach adult classes during event. Teaching yoga for children a lot easier.

Tara- Use dry erase board with a schedule of 10-15 minute kriyas?

Sirgun- Host small group talk sessions? I will look into it.

Yogathon

Amanjot- Yogathon registration opens March 15th (though you can begin registering sooner). Suggests using KYPDX website and Mail Chimp to notify Kundalini community. States Hipsia (not present) and Armanjot to email people with info about how to sign up with Team Kundalini and how to ask friends/family for \$ for this fundraiser. Cost to join team is \$20/person. Event involving Karaoke to follow for Team Kundalini.

GSK- Suggests requesting \$ for committing to 40 days of 31 minute long Sat Kriya (in preparation for White Tantric).

Voting Rules and Defining Membership

Amanjot- question regarding who can vote and need for allowing more people to vote

GSK- Bylaws define who can vote. Community Members can vote and are defined (currently) as people who pay dues. Does the definition of Community Member need to be changed?

(Multiple meeting attendees discuss who could be considered a Community Member. Multiple ideas for evolving Community Member Definition are offered including those who help with marketing teachers, those offering Seva, those leading Sadhana).

Signa and/or GSK- Offering discounts for paying members hasn't worked out so well in the past.

Amanjot- Concern about people being left out. Suggestion for a method of keeping track of who members are (using new definitions)

Satmandir- Question of exploring existing bylaws and question about origin of current bylaws.

GSK- Bylaws written by original Panj.

(Discussion emerges involving definition of "Seva")

Satmandir- concerns about fairness of quantifying effort.

GSK- It is possible to produce a list of people who are already paying and will need to stay updated reflecting who is current and not current.

Armanjot -A list for Nam Kiret to keep updated?

(general question by group members to clarify whether members of Panj must also be leading Sadhana).

GSK- According to bylaws, "(Panj members) must be doing sadhana, attend at least one sadhana a month, attend community events." So Panj Members not required to lead sadhana.

GSK- Also, TWO directors should be in charge of bank account and any notice to change bylaws must be available at least 10 days prior to meeting.

GSK- There is a need to redefine what a Community Member is.

Meeting attendees-Work exchange for membership in lieu of paying fee? Teacher marketing fees waived by membership? (Or teacher marketing fees waived by work exchange?). Teachers and people employed through KYPDX vs other teachers? Teachers who fill in occasionally for regular teachers?

Armanjot- How is Seva determined?

GSK- Serving on board?

Armanjot- Organizing an event?

Nam Kiret Singh- Bylaws are submitted to the Dept. of Justice. A copy of proposed changes should be emailed to all of community and posted on KYPDX website. Everyone needs to be notified.

Members Stepping Down

GSK- I am ready to step down. Are there nominations for president? The time commitment has been approximately 5 hrs/week.

Armanjot and Sirgun- each have questions regarding job description.

Bir Kaur- My last Panj meeting is in June

Satmandir Singh- My term is also almost over. (Bir and Satmandir began at the same time)

GSK- I am finishing up second term. (board membership role is for 2.5 years)

Bir Kaur- Suggests there to be a mentor for new Panj members.

Armanjot - Suggests an email can be sent asking for new Panj members. Requests for job description of director of Panj members.

GSK- Writing Blogs (which become the emailed "newsletters), website updates, hold space for Panj, send out the meeting agendas, generally try to keep things flowing and in accordance with the bylaws. "Website is my Seva".

Bir Kaur- Monthly event organization, manage Facebook account and have role of Historian (picture taking at events).

To do list

Bir Kaur- I will email student teachers about Sat Kriya (40 day) lead up for White Tantric with reminder to sign up for newsletter.

Sirgun- Offer to type up bylaws and can email to GSK. And will consider taking on newsletter. Will

need to see how process of making newsletter works.

Bir Kaur- Reminder for everyone to stay neutral about sharing two different studios. Make sure to avoid a conflict of interests or favorites. Please be mindful to act from the heart.

Sirgun- Should be a protocol to maintain inclusive and support each other. Whoever has (event) information to share should submit it to person(s) writing newsletter?

Bir Kaur- Please write down any ideas for next meeting. If Hari Dass comes to next meeting, he may have some insights.

Nam Kiret Singh- Is it the newsletter writer's job to contact every studio that has a kundalini class?

Ram Hari- Have community submit info to be published in newsletter. Remind community periodically to submit their info.

GSK- Newsletters to be emailed to Panj before they get sent out.

Bir Kaur- Maybe the newsletter writer does not need to be a Panj member?

GSK- I will write one more newsletter. If bylaws are edited in time, they can go in (upcoming newsletter).

Ram Hari- Suggests using/requesting a standardized subject heading for submissions.

Meeting adjourned approximately 8:25 am.

Minutes submitted by Fatehnam Kaur