

Sat Nam:

For the last two years my dear wife and our sister Holy Kaur has been under treatment for stage 4 metastatic breast cancer. She originally had a lump in August of 2007. It was well localized and treated with lumpectomy and local radiation. It was caught early, there were good margins on the lump and nothing in the lymph nodes. In November of 2011 another lump was discovered. A full body CT scan was done and the cancer was found to be very wide spread. We did a very aggressive approach with both chemo-therapy as well as diet, nutrition, so much emotional/spiritual work, We moved her to Seattle where the oncologist that she wanted to work with was located, to live in an environment where she could focus solely on healing as well as to treat with Sung Baek, a master acupuncturist. She had a year of nearly daily acupuncture and direct moxa. She looked and felt like a burn victim but sensed that it helped and so kept up; cheerfully and gratefully so. Many dear friends in our dharma went up to stay with her and help her to heal and process; Our sincere gratitude to them. Her condition was improving on scans and her energy was improving. By February 2013 she was complete with acupuncture and so moved back to Portland. In April she began to be a bit disoriented and new metastasis were found in the brain and adjacent to the spinal cord. She underwent a 3 and then 2-week regiment of radiation, which appeared to be having it's intended effect. Ten days ago she became disoriented, they admitted her to the hospital and rehydrated her over 4 days. She was improved and sent home only to return 3 days later again quite disoriented. We just finished another 4 day run there but they couldn't find any specific reason for her state other than late stage cancer. Her strength waxed and waned but on net was headed rapidly down. She couldn't communicate much but did make her desire to be home well understood. Yesterday they released us to home care under hospice. We don't know how long we have together, they say weeks at the most. She is resting beautifully at home. It is at once so hard and so beautiful. Our whole family is camped out in our condo. She is resting in her hospital bed looking out on a lovely view of the river. While our sadness is deep, the sweetness of this time is also so present. We have and will continue to appreciate your prayers and support. In the tradition that she lived so powerfully, if there is any way our family can support you please call on us.



Sincerely,
Hari Dass Singh Khalsa
Har Rai Singh Khalsa
Guru Amrit Singh Khalsa
Hari Amrit Singh Khalsa
Amrita Kaur Khalsa