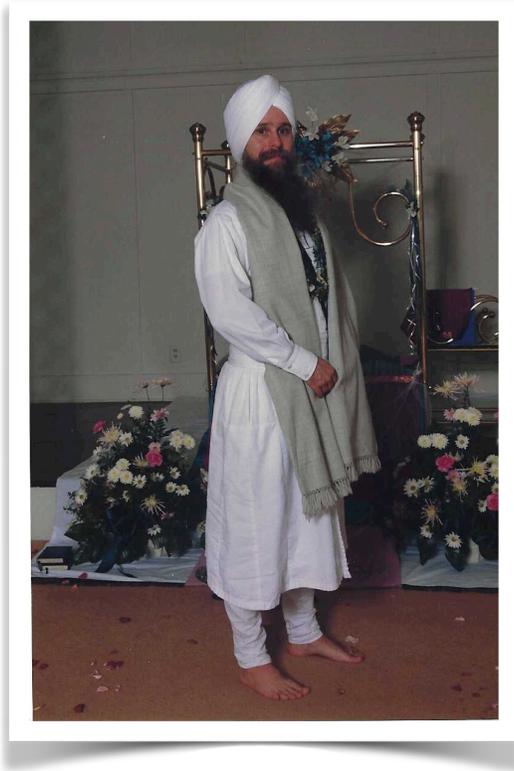


# We honor the life of our friend Guru Sandesh Singh Khalsa

10/21/49 — 8/11/21



Guru Sandesh Singh Khalsa was a long-time member of the  
Portland Sikh and 3HO community.

He was a naturopathic physician and spent much of his career as a teacher and  
administrator at a number of naturopathic schools in the US and Canada.

As is traditional in the Sikh faith we will honor his passing,  
comforting his soul and ours, with 17 days of meditation.

11-minutes of Guru Ram Das Meditation followed by Akal.

This will happen each evening from 8/11/21 to 8/27/21 from 7:00 to 7:45 PM and  
will be hosted by his wife Amar Kaur Northrup at her home.

[4394 Thunder Vista Ln](#)  
[Lake Oswego Oregon 97035](#)

[You may also join us on Zoom.](#)

**Meeting ID:** 870 6417 9526

**Passcode:** 353263

**For information you may contact:**

Amar Kaur Northrup  
[aknorthrup9@gmail.com](mailto:aknorthrup9@gmail.com)

Hari Dass S Khalsa  
503-997-9897



[Zoom Meeting Link](#)